

PERSONAL CLOTHING & EQUIPMENT LIST

Accommodation:

Cabins: Bottom sheet for single mattress, sleeping bag and pillow (or own duvet and duvet cover)

Tents: Sleeping bag and pillow (bottom sheet to put on your camping mattress is recommended)

Clothing:

Waterproof Jacket

Waterproof trousers

2 warm Jumpers

T-shirts (one per day)

2 pairs of trousers/jogging bottoms (preferably not jeans). Shorts must be mid-thigh length or longer.

Socks/underclothes (plenty!)

2 pairs of outdoor shoes or trainers (not your best pair!)

Sensible nightwear - suitable for a dormitory/shared spaces

Hat appropriate to time of year (gloves if necessary)

Black dustbin liner – for dirty/ muddy washing!

Toiletries:

Shampoo/conditioner

Hair brush and hairbands if appropriate

Toothbrush and paste

Shower gel

Towel

NOTE: This list is a minimum guide and should be adjusted depending on the number of days of the visit, and the weather!

Additional Information

Some of the activities at Danbury Outdoors require the use of long sleeves/ long trousers. Please bear this in mind when packing.

Please expect clothing to get wet, dirty and worn during your visit – so please don't pack your favourite items!

Flip flops/Crocs/wellies etc. are not suitable footwear for any activity on site, including canoeing. You must wear enclosed footwear, like trainers.

All clothing items should preferably be named to avoid loss and should be packed in a kit bag or rucksack which should also be labelled and named

It is strongly advised that watches, jewellery, mobile phones, electronics etc., are left at home as these items are easily lost or damaged.