

Menu

Week 1



Look for this logo on the menu to try a yummy seasonal special!

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Chicken and Sweetcorn Pie
(G,Mk)

Taco Tuesday Slow Cooked Beef
(G,Mk,Su)

Roasted Pork Sausage with Yorkshire Pudding with Gravy
(G,E,Mk,Su)

Pepperoni Pizza
(G,Mk,E,So)

Fish Fingers with Tartar Sauce
(G,F,E)

Veggie

MEAT FREE MAINS

Vegetable Pie
(G,Mk)

Roasted Vegetable Taco
(Mk)

Vegan Sausage with Yorkshire Pudding and Gravy
(G,E,Ce,Mk)

Margherita Pizza
(G,E,Mk,So)

Vegetable Finger with Tartar Sauce
(G,E,Su)

veg

EXTRA GOOD

Broccoli

Sweetcorn

Carrots
Steamed Green Beans

Sweetcorn

Baked Beans

Green Beans

Roasted Vegetables

Carrots

Peas

Carbs

FUEL FOOD

Mashed potato
(Mk)

Savoury rice

Roast Potatoes

Crispy Potato Wedges

Oven Baked Chips

Dessert

SOMETHING SWEET

Fruit Jelly

Scooped Ice Cream
(Mk)

Pear Sponge
(G,E)

Fruit Jelly

Fresh Fruit or Yoghurt
(Mk,So)

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Dates

1/9/25 22/9/25 13/10/25
10/11/25 1/12/25

Allergens

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide



Menu

Week 2



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Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Pork Sausage Hotdog
in Buns
(G,Su,Se)

Chicken Fajita Wrap
(G)

Roast Gammon With
Apple Sauce, Gravy
and Yorkshire
Pudding
(G,Mk,E)

Beef Bolognese
(G)

Oven Baked Fish
Fingers with Lemon
Wedge
(E,G,F)

Veggie

MEAT FREE MAINS

Veggie Hot Dog in
Bun
(Ce,G,Se)

Roasted Vegetable
Fajita Wrap
(G,Mu)

Autumn Vegetable
Fruity Casserole
(G)

Quorn Mince
Bolognese
(G,E)

Leek Cheddar and
Sweetcorn Quiche
(G,E,Mk,Ce)

veg

EXTRA GOOD

Steamed Broccoli

Sweetcorn

Kale

Green Beans

Garden Peas

Mixed Vegetables

Green Beans

Roasted Carrots

Cauliflower

Baked Beans

Carbs

FUEL FOOD

Sauté Potato

Potato Wedges

Roasted Potatoes

Garlic bread
(G,Mk,So)

Oven Baked Chips

Dessert

SOMETHING SWEET

Fruit Jelly

Chocolate Chip
Cookie
(Mk,E,So)

Berry Flapjack
(G)

Fresh Fruit or
Yoghurt
(Mk,So)

Scooped Ice Cream
(Mk)

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Dates

8/9/25 29/9/25 20/10/25
17/11/25 8/12/25

Allergens

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

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Mo = Molluscs

Mu = Mustard
N = Nuts
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Se = Sesame Seeds
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Menu

Week 3



SEPTEMBER
PEARS

OCTOBER
SQUASH

NOVEMBER
APPLES

DECEMBER
**BRUSSEL
SPROUTS**

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Tuesday

Wednesday

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Friday

Mains
HAPPY TUMS

Macaroni Cheese
(G,Mk,Mu)

Cowboy Sausage
Casserole
(G,Su)

Roast Turkey Breast
with Gravy and
Yorkshire Pudding
(G,E,Mk)

Mild Chicken Curry

Baked Fish Fingers
with Lemon Wedges
(G,F)

Veggie
MEAT FREE MAINS

Fully Loaded Penne
Pasta with Vegetable
Bolognaise
(G)

Cowboy Vegetable
Sausage Casserole
(So)

Eat Curious and
Vegetable
Wellington served
with Gravy
(G,E)

Mild Vegetable
Curry

Vegetable Fingers
(G)

veg
EXTRA GOOD

Green Beans

Broccoli

Green Beans

Cauliflower

Garden Peas

Sweetcorn

Roasted Carrots

Savoy Cabbage

Steamed Carrots

Baked Beans

Baked Garlic Bread
Slices

Potato Wedges

Roast Potatoes

Steamed Rice

Oven Baked Chips

(G,Mk,So)

Carbs
FUEL FOOD

Dessert
SOMETHING SWEET

Fruit Jelly

Fresh Fruit or
Yoghurt
(Mk,So)

Flapjack
(G)

Scooped Vanilla Ice
Cream
(Mk)

Fruit jelly

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Dates

15/9/25 6/10/25 3/11/25
24/11/25 15/12/25

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Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
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Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide