



# THOMAS WILLINGALE SCHOOL AND NURSERY

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Headteacher: Miss T. Phillips B.A. (Hons.), PGCE

Dear Parents,

We have listened to your feedback and our own feelings about the snacks and volume of items we sell during our break time tuck shop. Lots of 'healthy snacks' really aren't that healthy when you unpick the clever advertising and actually look at the nutritional information a bit more closely. For this reason we have done a little deep dive into the nutritional values of the children's favourite items we sell at tuck shop. We have decided to discontinue the cereal bars, and add in some healthier options. There is now a colour coded chart (attached) to help the children make the right choices and we have limited the number of snacks they can purchase each day based on their healthy rating.

We hope this will teach the children a little about making healthier choices.

Please can you remind your children that we don't share money or buy snacks for our friends. Can you also refrain from sending them in with too much money, particularly notes.

Lastly we thought it would be nice to share that the tuck shop team have recently invested the tuck shop profits to purchase some great equipment for Opal play including giant spinning tops, tarpaulins to make dens and digging equipment. Thank you for supporting us to raise these funds through tuck shop.

Website: [www.thomaswillingaleprimary.co.uk](http://www.thomaswillingaleprimary.co.uk)

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