



THOMAS WILLINGALE SCHOOL AND NURSERY

The Broadway, Loughton, Essex. IG10 3SR. Tel: 020 8508 7287 Fax: 020 8502 5364

Headteacher: Miss T. Phillips B.A. (Hons.), PGCE

Tuck Shop 50p **Traffic Light Health Chart**

<u>Product Name</u>	<u>How healthy am I ?</u>	<u>Daily purchase limit</u>
Mini Babybel Light	Green	2
Raisins	Green	2
Proper Chips (all flavours)	Amber	1
Hippeas Puff Snacks (all flavours)	Amber	1
Proper Corn Popcorn	Amber	1
Popworks Popped Crisps	Amber	1
Winders (all flavours)	Red	1
Milkshakes (all flavours)	Red	1

You should try and only purchase 1 item per day, but if you do want to purchase 2 then you can purchase 2 Green, or 1 Green & 1 Amber, or 1 Red.

Website: www.thomaswillingaleprimary.co.uk

Email address: admin@thomaswillingale.essex.sch.uk

