

WHEN IT COMES TO NOURISHING YOUNG MINDS AND BODIES, WE'VE DONE OUR HOMEWORK!

Compared to an average
packed lunch an Accent
school meal contains:

**15%
LESS** 
SATURATED FAT

**46%
LESS** 
SALT

2x 
THE FIBRE

1/2 
THE FREE SUGARS



The School Food Standards
have been in place for school
meals for many years.



These standards ensure
school meals provide children
with a balance of nutrients.



There is no existing policy
in place to control what is
brought in packed lunches.



Less than 2% of packed
lunches meet the nutritional
standards.

OUR FRESHLY PREPARED FOOD SUPPORTS OPTIMAL GROWTH & LEARNING!

To book school lunches, please speak to the School Office who will be happy to help.